# YOU CAN HAVE AN IMPACT.

## "SOMETIMES WHEN PEOPLE TEASE EACH OTHER THEY'RE JUST JOKING AROUND. I DON'T WANT TO OVER-REACT."

**Something that's a joke to one person can be really hurtful to someone else** – even if the person making the joke doesn't mean anything by it. A lot of people hide when their feelings are hurt, so you don't want to jump in and embarrass them. **You can try saying:**

"YOU DON'T KNOW ME, BUT I SAW WHAT HAPPENED. IF YOU WANT TO TALK OR DO SOMETHING ABOUT IT LET ME KNOW."

"HEY, I JUST WANT YOU TO KNOW THAT WHAT HAPPENED WASN'T COOL. LET ME KNOW IF I CAN HELP OR IF YOU JUST WANT TO TALK."

**If you want to do something public,** and feel safe speaking out, you can take a public stand **by saying:**

"IT'S NO FUN FOR ME WHEN PEOPLE ARE BEING MEAN."

"IF PEOPLE KEEP ACTING LIKE THAT WE'RE ALL GOING TO GET BANNED."

## YOU CAN CHOOSE TO MAKE A DIFFERENCE WHEN YOU WITNESS CYBERBULLYING.

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