“Hey, I just want you to know that what happened wasn’t cool. Let me know if I can help or if you just want to talk.”

“You don’t know me, but I saw what happened. If you want to talk or do something about it let me know.”

“It’s no fun for me when people are being mean.”

“If people keep acting like that we’re all going to get banned.”

It’s normal to be afraid that someone who’s being mean might get mad at you if you do something public to defend their target. But remember that nobody deserves to be bullied, whether you know them or not.

You can try saying:

What witnesses do about bullying can go a long way in building positive online spaces. Remember that nobody deserves to be bullied, whether you know them or not.

You can try saying:

You can choose to make a difference when you witness cyberbullying.

TELUS and MediaSmarts are working together to keep you safe online.