



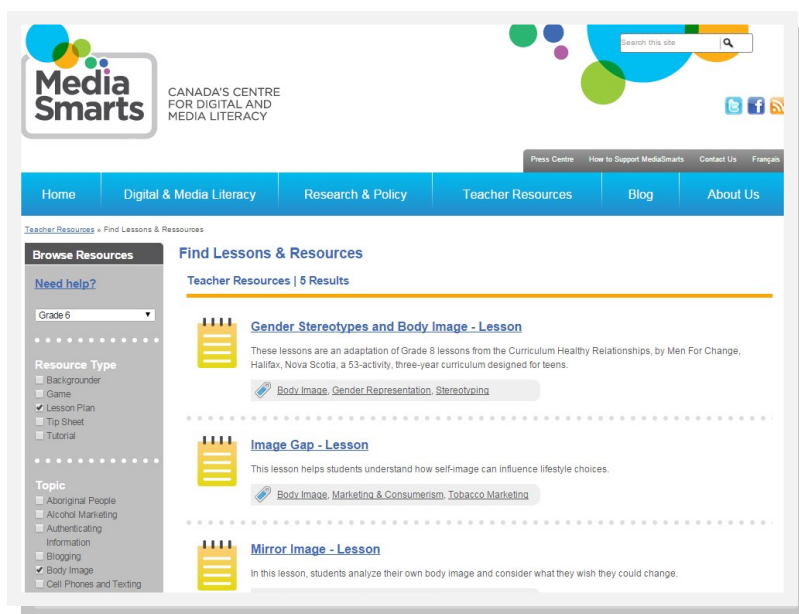
CANADA'S CENTRE  
FOR DIGITAL AND  
MEDIA LITERACY

## Find Lessons and Resources—Instructions

To [find lessons and resources](#), start either by pulling down one of the menus at top left or clicking one of the boxes along the left margin. This will **automatically** give you all results that match what you chose. (For example: all resources that align with the Grade 6, all Lesson Plans, everything relating to Body Image, or everything relating to Video Games.)

To narrow your results, pull down or click more terms. This will give you everything that matches **all** of your terms (for instance, every Lesson relating to Body Image that is suitable for Grade 6.)

To remove a term from your search, **return** the pulldown menu to its title (- Select Grade -) or **unclick** a box you have clicked.



### Icon Legend at a glance

